

How to Make a Shoebox

Shoeboxes must be valued at approximately \$50 and include **NEW** items only

Before you get started...

Please consult our website for the most up-to-date information on if, when and where we will be collecting Shoeboxes in your area.

You can look up your specific community at shooboxproject.ca/locations



Select your Shoebox & wrap if necessary



- All items must fit within a standard-sized Shoebox or a decorative memory box of the same size (approximately 14"x8"x5")
- The gift **MUST** be unsealed so that it can be opened for inspection.
- Your gift should look as beautiful as possible - line your gift with tissue paper and make sure the wrapping has no rips & tears.
- Do not include bows, as Shoeboxes will be stacked.

Fill your Shoebox with these must-haves

Shoeboxes should include each of the following items:

- **Gift Card** (we recommend \$10 to a grocery or drug store)
- **Shampoo & Conditioner** (consider all hair types and textures)
- **Body Wash**
- **Deodorant**
- **Toothbrush & Toothpaste**
- **Socks**
- **Chocolate/Candy** (nut-free)



Add little luxuries to make a woman feel special

Shoeboxes should also include:

- **Cosmetics** (lipstick, eyeliner, mascara, nail polish, etc)
- **A cozy accessory** (hand warmers, hat, mitts, scarf)
- **Skin care** (sunscreen, face cream, body/hand lotion, cleanser)
- **Self-care** (journal, facial mask, eye mask, lip balm)



Write a Message

Each Shoebox should include a card or note - a simple but kind greeting to let your Shoebox recipient know that you care. Please **do not seal** your envelope!



Please DO NOT include:

- Used goods
- Unpackaged items
- Hotel/Free Samples
- Sized clothing (i.e. S, M, L, XL)
- Products containing alcohol (ie. mouthwash and sanitizer)
- Candles
- Foundations, concealers or any product for a specific skin tone
- Tampons & sanitary napkins
- Razors, nail kits or anything that could cause harm
- Jumbo-sized containers
- Perfume and heavily fragranced products
- Children's products



Shoebox Checklist

Your Shoebox is going to someone very special and it should be as beautiful as you want her to feel. Please **CHECK** before you **GIVE!**

Does your Shoebox...

- Contain about **\$50** worth of items?
- Resemble a gift that you would be excited to give a **good friend or loved one?**
- Have a lid that **can be opened** for inspection?

Does your Shoebox contain...

- A gift card
- Shampoo
- Conditioner
- Body Wash
- Deodorant
- Toothbrush & Toothpaste
- Socks
- Chocolate or Candy (nut-free)
- Some Cosmetics like lipstick, eyeliner, mascara, and nail polish
- A warm accessory like mitts, a hat, or hand warmers
- Skin care products like sunscreen, hand lotion, or face cream
- A Self-care item like a journal, facial mask or lip balm
- A friendly greeting or kind message to your Shoebox recipient

Is your greeting...

- Non-religious and appropriate for any faith or cultural background?
- Unsealed?
- Encouraging and uplifting for any person, regardless of circumstance?

Did you remove any prohibited items?

- Used goods
- Unpackaged items
- Hotel/Free Samples
- Sized clothing (i.e. S, M, L, XL)
- Products containing alcohol (ie. mouthwash and sanitizer)
- Candles
- Foundations, concealers or any product for a specific skin tone
- Tampons & sanitary napkins
- Razors, nail kits or anything that could cause harm
- Jumbo-sized containers
- Children's products



We are so grateful for the time and care you have put into your Shoebox gift and we cannot wait to deliver it to a woman in your community.

Thank You for your Support!